

**VOLMET**

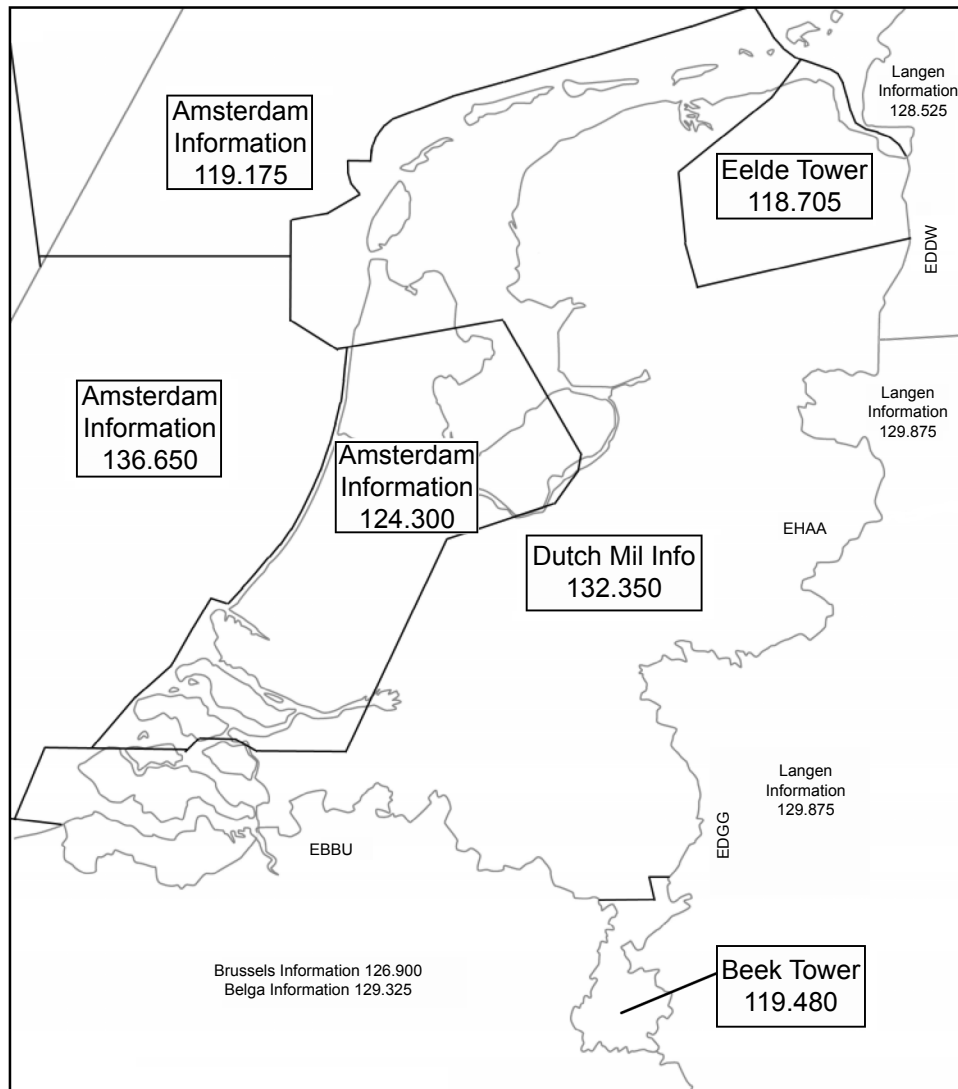
Amsterdam	126.200
Brussels	127.800
Frankfurt	127.600
Frankfurt	135.775
London (Main)	135.375
London (North)	126.600
London (South)	128.600

**Emergency**

Emergency Frequency 121.500

**Transponder Codes**

VFR	7000
Unlawful Interference	7500
Communication Failure	7600
Emergency	7700



EHAL	Ameland Radio	118.355	EHGR*	Gilze-Rijen Tower	125.330				
EHAM	Schiphol APP/DEP	119.055	EHHA	Schiphol Tower	119.230				
	Schiphol Approach	118.080		Heliport Operations	131.500				
	Schiphol Approach	121.205	EHHO	Hoogeveen Radio	127.355				
	Schiphol Approach	131.155		EHHV	Hilversum Radio	131.030			
	Schiphol Arrival	118.405	EHKD*		De Kooy Arrival	124.230			
	Schiphol Arrival	126.680		De Kooy Tower	120.130				
	Schiphol Tower	118.105		De Kooy Ground	121.730				
	Schiphol Tower	118.280		ATIS	133.010				
	Schiphol Tower	135.110	EHLE	Lelystad Arrival	134.530				
	Schiphol Delivery	121.980		Lelystad Tower	135.180				
	Schiphol Planner	121.655		Lelystad Delivery	123.680				
	Schiphol Ground	121.560		ATIS	120.730				
	Schiphol Ground	121.705	EHLW*	Leeuwarden Tower	120.705				
	Schiphol Ground	121.805		EHMZ	Midden Zeeland Radio	119.255			
Schiphol Ground	121.905	EHOW			Oostwold Radio	118.330			
ATIS Arrival	132.980				EHRD	Rotterdam Approach	122.990		
ATIS Arrival (SPL)	108.400		Rotterdam Approach			131.155			
ATIS Departure	122.205		Rotterdam Tower	118.205					
		Rotterdam Tower	119.705						
EHBD	Budel Radio	122.155	Rotterdam Delivery	122.180					
	EHBK	Beek Approach	123.980	ATIS	128.565				
		Beek Approach	120.205	EHSE	Seppe Radio	120.655			
		Beek Tower	119.480		EHST	Stadskanaal Radio	123.430		
Beek Tower		119.705	EHTE			Teuge Radio	121.005		
Beek Delivery	121.830	EHTL				Terlet Radio	130.130		
ATIS	124.580			EHTW		Twente Radio	119.955		
EHDL*	Deelen Tower				129.930	EHTX	Texel Radio	119.305	
	EHDR		Drachten Radio		119.655		EHVK	Volkel Tower	136.080
		EHEH*	Rapcon South		123.180			EHWO	Woensdrecht Tower
			Eindhoven Arrival	124.530	ZZZZ				Middenmeer Radio
Eindhoven Arrival**			132.530	ZZZZ		Traffic Port Radio			130.650
Eindhoven Tower	131.005								
Eindhoven Tower	122.100								
Eindhoven Ground	121.930								
ATIS	126.030								
EHGG	Eelde Approach	120.305							
	Eelde Approach	119.705							
	Eelde Tower	118.705							
	Eelde Delivery	121.705							
	ATIS	133.555							



www.vliegenin nederland.nl

2020



www.pilotshop.nl

\* If no contact, call Dutch Mil Info 132.350

\*\*VFR crossing Eindhoven TMA